



通告 Notice

No.20053 : Online FOAT Personal Growth Group

8th March, 2021

Dear Parents,

Focusing-Oriented Expressive Art (FOAT) is the practice of using arts and mindfulness to foster personal growth, development and healing. Your child is invited to join this group activity. Details are as follows:

Date:	25/3, 15/4, 22/4, 29/4, 6/5, 13/5, 20/5/2021 (Thursday)
Time:	3:30 p.m. - 4:30 p.m.
Contents:	Use of arts to help personal growth
Fee:	Free
Zoom:	Meeting ID: 848 7478 1633 Passcode: 25775188
Remarks:	<ol style="list-style-type: none"> 1. The cost of the programme has been fully subsidized by the school. In order to prevent a waste of school resources, please make sure your child joins the group on time. 2. Students need to use the camera and microphone when joining the online group sessions. 3. When full-day school resumes, the new arrangement will be announced through ClassDojo.

Please complete the google form (<https://forms.gle/Kn3vAcFqSs8QdUZ7>) on or before 10th March, 2021. For enquiries please contact Ms. Lai Sin Ling by ClassDojo or on 2577-5188.



Li Sing Tai Hang School



Ms. Shirley Yip, the Principal