## 通告 Notice

## No.21052 : Online Parents Relaxation Workshop

30th September, 2021

Dear Parents,

St James Settlement Causeway Bay Integrated Centre is going to hold an online parents workshop on Zoom. Details are as follows:

Date:	13/10/2021 (Wednesday)
Time:	10:00 a.m 11:00 a.m.
Contents:	<ol> <li>Understand our emotions and find ways to maintain a positive parent- child relationship</li> <li>Learn different relaxation methods</li> </ol>
Fee:	Free
Quota	20 parents
Remarks:	<ol> <li>If the quota is exceeded, the school will draw lots and notify successful applicants before 8<sup>th</sup> October, 2021.</li> <li>The cost of the programme has been fully subsidized by the St James Settlement Causeway Bay Integrated Centre. In order to prevent a waste of resources, please make sure you will be able to join the workshop on time. If you can't join the workshop on that day, please contact Ms. Lam Ka Yan through ClassDojo before 9 a.m.</li> <li>An aroma stone and a bottle of essential oil will be given to your child 2 days after the workshop as a gift for attending.</li> <li>We suggest parents use the camera and microphone when joining this online workshop.</li> <li>When full-day school resumes, the new arrangement will be announced through ClassDojo.</li> </ol>

Please complete the google form (https://forms.gle/N8zKDfYogT9rjgce9) on or before 6<sup>th</sup> October, 2021. For enquiries please contact Ms. Lam Ka Yan by ClassDojo or on 2577-5188.





Li Sing Tai Hang School

Ms. Shirly Yip, the Principal