



# 通告 Notice

## No. 22013 : Expressive Arts Therapy Personal Growth Group

23<sup>rd</sup> September, 2022

Dear Parents,

Our school is organizing a 6-session Expressive Arts Therapy (EXAT) Personal Growth Group. EXAT is a mindful use of different art modalities and creative processes in an integrated way to foster personal growth and advocate for social change. In the creative healing process, our body, mind and spirit are connected. Your child has been selected to join this group. Details are as follows:

Date:	22/10, 29/10, 5/11, 19/11, 26/11, 10/12/2022 (Saturday)
Time:	11:15 a.m. - 1:00 p.m.
Venue:	School Hall
Therapist:	Ms. Cheung Yat Lee Jelly  (Organization: I Therapy : Expressive Arts & Counselling)

Remarks:

1. Please wear proper P.E uniform to participate in the group sessions.
2. An 'Artwork Authorization consent form' will be sent to your child before the group starts. Please kindly sign and return to Ms. Lam Ka Yan before 27<sup>th</sup> September, 2022.
3. In order to prevent a waste of resources, please make sure your child will be able to join the programmes on time. If they can't join the programme on that day, please contact Ms. Lam Ka Yan through GRWTH before 9 a.m.
4. Special bad weather arrangements for the group sessions:
  - 4.1 **Rainy, Yellow Rainstorm and Typhoon signal No.1:**  
Activity as usual, students need to arrive at school before **11:15 a.m.**
  - 4.2 **Red Rainstorm, Black Rainstorm and Typhoon signal No.3 or above:**  
School will inform all parents regarding the cancellation of the activity before/at **10:00 a.m.** by GRWTH. Students do not need to come to school.



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Please scan the QR code and complete the google form (<https://forms.gle/Nj2A7naaEagmjuLP7>) on or before 27<sup>th</sup> September, 2022. For enquiries please contact Ms. Lam Ka Yan by GRWTH or on 2577-5188.



Li Sing Tai Hang School



Ms. Shirley Yip, the Principal